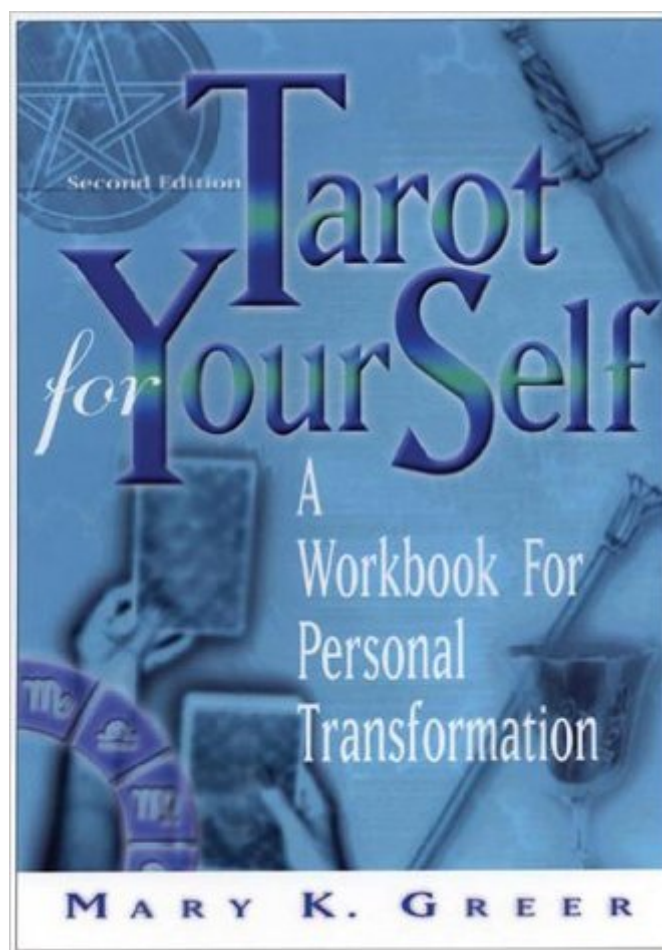


The book was found

Tarot For Your Self: A Workbook For Personal Transformation



Synopsis

This classic is the first book to explore and promote the concept of reading the cards for personal insight -- for your self -- with detailed instructions how to do so.

Book Information

Paperback: 299 pages

Publisher: New Page Books; 2nd Revised ed. edition (March 1, 2002)

Language: English

ISBN-10: 1564145883

ISBN-13: 978-1564145888

Product Dimensions: 7 x 0.8 x 9.9 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (91 customer reviews)

Best Sellers Rank: #134,754 in Books (See Top 100 in Books) #66 in [Books > Religion & Spirituality > New Age & Spirituality > Divination > Fortune Telling](#) #225 in [Books > Religion & Spirituality > New Age & Spirituality > Divination > Tarot](#) #1586 in [Books > Religion & Spirituality > Occult & Paranormal](#)

Customer Reviews

I had read cards for several years without much enthusiasm or depth before stumbling across this book and the two companion books, "Tarot Constellations" and "Tarot Mirrors" (both sadly out of print). The books were a turning point that allowed me to go beyond simply reciting memorized meanings of cards. If you have no imagination or intuition this book will be frustrating. If you require a book on tarot to tell you exactly what the author tells you exactly what how to interpret each card in three sentences or less you will not enjoy this book. If you are a person who is unwilling to spend time reading, processing and doing some of the exercises presented you will hate this book. Of course if you are one of those people one has to wonder just why you are reading Tarot in the first place. "Tarot for Yourself" is not a quick 'how to read the tarot' book. Ms. Greer asks you to think and process her ideas for yourself discarding what you don't find useful and adding your personal views to make reading cards a unique experience. Designed as a workbook "Tarot for Yourself" encourages you to expand your horizons with the method you use for reading. I recommend this book often and suggest people take a year to read, practice and grow while working through the exercises. Ms. Greer encourages you to discover your particular way of interpreting cards. "Tarot for Yourself" provides over a dozen spreads to spur your creativity and give you the information and

confidence to create your own spreads. The greatest message Ms. Greer imparts is 'trust yourself.'

When I first discovered this book in the 1980s, I was amazed at how fast and how much I learned in a short period of time! It is fun, and very easy to understand. Not to say it isn't great for experienced tarot readers. On the contrary! It goes as deep as you allow yourself to go. I love the new ways to study and play with the tarot. It was so much easier to open the doors after using this book. Until I got "Tarot For Yourself", most if not all, the other books I had previously bought seemed boring and very dry, or too cynical. She also goes into other authors' interpretations, and that allowed me to be much more open and relaxed about reading tarot for myself, and other people. Until I got this book, not many people believed that it was okay to read cards for yourself! (That was in the 1980s, remember)--- I got rid of all my other tarot books after I found this one! Of course, I also read her others (2 at that time) which take tarot even further and deeper. I love this book! It's the only one I need to use, even after 20 + years of looking at newer and older books. Just one ingredient in this book makes it more informative than the other books on the subject, and that is the fact that IT IS FUN with Mary K. Greer. She opened the door to allowing oneself to enjoy and play with the cards. Whatever deck a person owns, or how many decks, you can use this book, because she also encourages and enables you to use your own interpretations, and that there is no "right interpretation". Symbolism and intuition, which the tarot is based on, are stressed here. No superior, esoteric puzzles to try and figure out. My recommendation: Buy this book, and PLAY with your cards. Most of all, have fun doing it!

I bought this book expecting so much more than I got because of the wildly positive recommendations by other Tarot readers but I was severely disappointed. This isn't a book for someone who purely wants to learn to read Tarot. It's almost literally 97% rituals and exercises that, as someone who doesn't practice "Magic," I find completely irrelevant. True there are some spreads and at the end of the book what seems like the minimum explanation of the cards that Greer could get away with. The only real useful thing in the book is the technique she uses to get you "into" the card and get in touch with it but she has another book called 21 Ways to Read a Tarot Card that expands/focuses on this. I've bought several other Tarot books, so it's not like I do not know what I'm talking about. If you like to practice rituals along with Tarot then this book is for you but if you're only interested in a workbook where the focus is solely on learning Tarot and nothing else, I recommend Greer's 21 Ways to Read a Tarot Card or better yet (otherwise known as the best) Dusty White's The Easiest Way to Learn the Tarot- Ever!! and a "reference" book such as Tarot:

Plain and Simple by Anthony Louis, 78 Degrees of Wisdom by Rachel Pollack, or The Complete Book of Tarot Reversals by Greer. Tarot for Life is also useful for using the Tarot as a tool for personal growth. If you do not wish to get into anything other than Tarot, don't get this book. Take a look at Greer's other books though because she is a good writer, this book doesn't do her much justice in my humble opinion.

I believe that it is good to read books about the tarot to give you some informative insight as a beginner, but it sticks better when you have a workbook, especially as in-depth as this one. Mary Greer touches on, if not everything, then many things you should know about the tarot. Like a reviewer already stated, it's not just about memorizing the cards (which could be very tedious), but learning how to build your own feeling and intuition for the cards, and relating them to your situations in your own life. By the time you're done with this book, you will feel much more comfortable with tarot and your intuition relating to your life. I highly recommend this book because not just your regular tarot book, it's more like SERIOUSLY learning something new! I believe that experienced tarot card readers can benefit from this. This book is a challenge, but it's a lot of fun! Before you can read others, you should know how to read your self! I hope I've convinced you! Happy reading!

[Download to continue reading...](#)

Tarot for Your Self: A Workbook for Personal Transformation Tarot Osho Zen/ Osho Zen Tarot: El juego trascendental del Zen/ The Transcendental Game of Zen (Spanish Edition) The Tarot of Perfection: A Book of Tarot Tales Tarot: A New Handbook for the Apprentice, Classic Ed (Connolly Tarot) Exploring Tarot Using Radiant Rider-waite Tarot: Deck & Book Set Master Self-Discipline: Simple and Effective Steps to Develop Self Discipline, Get Organized, and Make Things Happen! (Willpower, Stress Management, Self ... (Self Improvement And Motivational Book 1) The 21-Day Self-Confidence Challenge: An Easy and Step-by-Step Approach to Overcome Self-Doubt & Low Self-Esteem Iyanla Live!: Self-Value, Self-Worth, Self-Love How Anansi Learned Self-Esteem: 10 Original Stories for Building Self-Confidence and Self-Respect Getting Over OCD: A 10-Step Workbook for Taking Back Your Life (Guilford Self-Help Workbook) Encouragement Journal & Self Help Workbook: Inspirational Exercises, Motivational Quotes, Writing Prompts & Coloring Pages To Encourage Personal Growth (Inspirational Journals To Write In) (Volume 1) The ADHD Workbook for Kids: Helping Children Gain Self-Confidence, Social Skills, and Self-Control (Instant Help) Living with Joy: Keys to Personal Power and Spiritual Transformation (Earth Life Series) Crystals and Sacred Sites: Use Crystals to Access the Power of Sacred Landscapes for Personal and Planetary Transformation Creative Revolution: Personal Transformation through Brave Intuitive Painting The

Cognitive Behavioral Workbook for Menopause: A Step-by-Step Program for Overcoming Hot Flashes, Mood Swings, Insomnia, Anxiety, Depression, and Other Symptoms (New Harbinger Self-Help Workbook) The Dialectical Behavior Therapy Skills Workbook: Practical DBT Exercises for Learning Mindfulness, Interpersonal Effectiveness, Emotion Regulation & ... Tolerance (New Harbinger Self-Help Workbook) Budgeting: How to Make a Budget and Manage Your Money and Personal Finances Like a Pro (FREE Bonus Inside) (Budgeting, Money Management, Personal Finance, Planning Guide) Daily Self-Discipline: Everyday Habits and Exercises to Build Self-Discipline and Achieve Your Goals Dance Studio Transformation: Build a 7-Figure Studio, Increase Your Community Impact and Get Back Your Life!

[Dmca](#)